

Sapphire Gymnastics – Parent Code of Conduct 2025

At Sapphire Gymnastics, we believe that a child's sporting success and enjoyment are greatly enhanced by strong support from their family. This Code of Conduct is designed to guide parents and guardians in positively contributing to the club's culture and values.

1. Respect for All

Supportive Environment: Always show respect toward all gymnasts, coaches, officials, and fellow parents. Treat everyone with courtesy regardless of age, ability, race, gender, or background.

Positive Role Model: Demonstrate sportsmanship through encouragement, patience, and calm behaviour at all times, especially during competitions and training sessions.

Conflict Resolution: If you have a concern, raise it privately with a coach or club official—never in front of children or parents during active sessions.

2. Commitment and Punctuality

Punctuality: Ensure your child arrives and is collected on time for all sessions. Notify the club in advance if your child will be late or absent.

Attendance Matters: Encourage consistent attendance to help your child build skills, confidence, and team spirit.

3. Supporting Coaching and Development

Trust the Coaches: Allow coaches to do their job without interference. Avoid giving your child technical instructions that may contradict coaching strategies.

Constructive Feedback: Avoid public criticism of coaching decisions. Share feedback respectfully through designated channels such as emails or scheduled meetings.

Growth over Results: Emphasize effort, progress, and enjoyment over medals and rankings.

4. Training and Venue Etiquette

No Disruptions: Do not interrupt training by speaking to your child or coaches during sessions.

Mobile Phones: Avoid using phones or taking photos/videos unless you have explicit permission from the club.

5. Communication and Involvement

Stay Informed: Keep up to date with club news, policies, and schedules via official channels (emails, newsletters, website, etc.).

Respect Privacy: Refrain from discussing club matters or individuals in public forums, including social media.

6. Safety and Wellbeing

Health Disclosure: Inform coaches of any relevant medical conditions or injuries your child has.

Encouragement Over Pressure: Support your child's involvement for their enjoyment, not for your expectations.

Safeguarding: Report any safeguarding concerns immediately to the club's Welfare Officer. Confidentiality will be respected.

7. Breaches of Conduct

Any breach of this Code may result in:

A verbal or written warning.

Temporary or permanent restriction from observing or attending events.

Suspension or termination of your child's membership in serious cases.

Agreement of Understanding

By signing your child up to Sapphire Gymnastics, you agree to abide by this Parent Code of Conduct. Together, we can create a safe, respectful, and inspiring environment where every gymnast can thrive.