

## **General Policies and Terms & Conditions**

### **What happens at the first class?**

Please arrive approximately no earlier than 5 minutes before the class and ensure your child is on time to start promptly.

Children should be ready in their gym clothes upon arrival as no changing areas will be accessible.

Children will be asked to arrive with easy slide on/off footwear in order to enter the class as quickly as possible.

### **Clothing:**

Children should wear comfortable clothing and must be barefoot inside the gym to maximize safety and freedom.

Jewellery, food and chewing gum are not permitted in the gym. Adults entering the gym are asked to remove their shoes.

Adults must wear socks.

### **Use of toilets/changing facilities (Mark Road):**

Children and adults should be encouraged to use toilets facilities before attending classes at our facility.

Toilets will be locked and a marshal will be required to open them for members, so they can be cleaned immediately after use.

### **Covid 19 Safety:**

All coaches and gymnasts will be required to have temperature checks and hand sanitize before beginning any activities.

Anyone who has coronavirus (COVID-19) symptoms, such as a raised temperature, a new persistent cough, or a loss or change to their sense of smell or taste, should stay at home. They should not attend an out-of-school setting and should follow Stay at home: guidance for households with possible or confirmed coronavirus (COVID-19) infection and get a test.

New class timetables allow for a safe deep cleaning of equipment in between sessions.

Any child or coach that shows signs of a high temperature will unfortunately not be able to enter the premises.

We are encouraging parents to drop off their children in order to remain socially distant from others around the facility. Therefore, Parents are allowed to leave the premises and drop their child off or wait in the car if they so wish to do so.

Guidance relating to social distancing and gymnastics activities from our local government and governing body British Gymnastics is adhered to at all times.

<https://www.gov.uk/government/publications/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>

<https://www.british-gymnastics.org/step-forward>

### **Positive Covid case:**

If a positive case arises at Sapphire Gymnastics the NHS Test and trace service will be notified immediately.

The NHS Test and Trace service:

Provides testing for anyone who has symptoms of coronavirus to find out if they have the virus.

Gets in touch with anyone who has had a positive test result to help them share information about any close recent contacts they have had.

Alerts those contacts, where necessary, and notifies them they need to self-isolate to help stop the spread of the virus.

By following instructions to self-isolate, people who have had close recent contact with someone with coronavirus will be protecting their family, friends, colleagues and other people around them, and will play a direct role in stopping the spread of the virus.

### **Class Observation & Spectators:**

We have allowed limited viewing for all of our recreational classes however, temperature checks, hand sanitizing and **face masks will be required in viewing areas.**

All spectators will also be asked to provide their contact details upon arrival if they are observing.

Any spectator showing signs of a high temperature will not be allowed to enter the facility.

Due to limited viewing and social distancing rules only **one** spectator is allowed per child, this includes siblings excluding younger siblings\*.

*\*Younger siblings will be allowed to enter the viewing area if they are in a car seat or baby carrier at all times.*

Due to new social distancing rules viewing is very limited and at busy times **we may not have** enough viewing capacity for everyone, therefore viewing is on a first come first serve basis.

### **Temporary Closure Due to Local or National Lockdown:**

Should local authority or Government temporarily close the gym we will offer a refund or makeup session for the classes at the next available opportunity. Refunds are at a managers discretion at all times.

### **Responsibilities:**

We make every reasonable effort to ensure the safety of children in the gym and while they are in the lobby. Parents or legal guardians are ultimately responsible for seeing the safe entry and exit of their children.

You must wash or sanitize your hands before entering the gym or communal areas.

Adults are expected to socially distance and follow latest guidelines.

### **Refunds & Notice Period**

We require 4 weeks written notice if you wish to stop attending classes at any point. Membership to British Gymnastics is nonrefundable.

### **How do I know my child is in the right class?**

We assess your child's ability throughout the term and work towards badges in the spring and summer term. If your child does need to change class we will contact you.

### **My child has already done gymnastics can they join?**

Yes, during their first session they will be assessed to see if the class level is suitable for them. We will let you know at the end of the session if changes need to be made.

### **My child has a disability, can they come to classes?**

We endeavor to offer classes for everyone!! Please contact us on 01442 230077 and we can discuss the most suitable class for your child.

Please remember to inform us of ALL medical conditions

### **What happens if we miss a lesson?**

If you miss a session due to serious medical reasons or injury and we are informed ahead of time we can credit those missed sessions for the next term.

Unfortunately if a class is missed for any other reason, the session will be un-abled to be reimbursed.

### **Can I change the class that I have selected for my child?**

Yes of course depending on availability, or we can put them on the relevant waiting list.

### **What happens if a class is cancelled?**

If we inform you that a planned class is cancelled, our main priority will be to re-schedule that class you will be informed of when that make up session will happen.

### **What if I can't make the rescheduled session?**

Unfortunately if you cannot attend the rescheduled/make up session, the session will be un-abled to be reimbursed or carried forward.

### **What is British Gymnastics Membership/Insurance?**

A club can only register with British Gymnastics if they meet a high standard of operating in a safe, child-friendly environment, with coaches qualified to national standards.

### **What does it include?**

- Comprehensive Insurance Package.
- Personal accident cover
- Discounts and special access to tickets for British gymnastic events
- Discounts on GymShop via the British Gymnastics website
- Discounted admission to Merlin destination such as LEGOLAND and Madame Tussauds – please check T&C's on British Gymnastics website
- Special rates with IHG hotels across the UK

## **Can I suspend my BG membership or take a break for holidays?**

Unfortunately British gymnastics membership is non-refundable.

### **Behavioral Issues:**

If a child is being disruptive, destructive, or dangerous to themselves, other children, or staff members during class or special events, we will make every effort to work with parents and the child in question to resolve this behaviour.

If the behaviour persists or other undesired behaviours develop, the child in question will be asked to take a break from the class or event.

### **Information for Parents**

#### **Safeguarding**

We are committed to safeguarding the welfare of all children, young persons and adults at risk in our sport and our aim is to ensure all who participate in gymnastics have a safe, fun, positive experience and are able to fulfil their potential.

In order to help ensure a safe environment, we provide information and training opportunities to enable those working with children in gymnastics to respond appropriately if they are worried a child may be at risk or suffering abuse.

For more information please visit:

<https://www.british-gymnastics.org/gymnasts/gymnast-membership/safeguarding-and-compliance>

Parents play a vital role in their children's sport. Positive support from parents both physically and emotionally can make such a difference to a child's enjoyment and progress as well as teaching them life lessons in terms of being a positive role model.

### **Keeping your child safe**

We have designed our new leaflet 'Keeping your child safe' a guide to parents, which provides useful information to help parents be confident that their child can have fun in a safe environment and how they can help.

[https://cdn3.british-gymnastics.org/images/safeguarding/adult\\_safeguarding\\_screen\\_friendly.pdf](https://cdn3.british-gymnastics.org/images/safeguarding/adult_safeguarding_screen_friendly.pdf)