

# New Covid-19 Procedures – Mark Road

## On Arrival

- Gymnasts are required to be dressed ready for their session. (no coats, jumpers or hoodies are to be brought into the gym).
- No drinking facilities on site, please bring a water bottle with you if required.
- Gymnasts can queue or wait in cars until the marshal opens entry.
- Parents can wait with gymnasts in queue but cannot enter the gym.
- A member of staff will guide gymnasts on where to leave their shoes and water.
- Gymnasts are required to be temperature checked and sanitise their hands on entry before being guided to their warm up marker.
- Each group has its own specific equipment for the session that will have been sanitised before your arrival.
- Gymnasts will be required to sanitise their hands after each rotation.

## Spectators

- Viewing is optional.
- Parents/Guardians spectating will be required to sanitise their hands, have their temperature checked and be signed in by a member of staff.
- Due to limited viewing space there can only be one spectator per gymnast. **(No Siblings).**
- No food or drink is allowed in the lobby area at this time.
- Face masks are required in the viewing area.
- Parents/ Guardians are also permitted to wait in their vehicles or outside the premises but please maintain social distance if doing so.

## Toilets

- Any gymnasts or spectators are encouraged to go to the toilet before entering the facility.
- Spectators and gymnasts requiring the toilet, need to speak to a member of staff so that these can be unlocked.
- All toilets will be thoroughly cleaned after each use.

## Departure

- Any spectators will be asked to leave the lobby and queue up at the shutter to collect their child.
- Any parents/ guardians arriving for pick up are asked to also queue.
- Gymnasts will be dismissed individually by staff once the person collecting them is here, sanitising their hands on exit.
- Please leave the premises as quickly as possible and do not mingle with others in the car park.

## Cleaning

- All equipment in the gym will be sanitised after each session for the safety of the gymnasts.
- All surfaces in the facility will also be cleaned and sanitised.
- At the end of each day the entire facility will be deep cleaned ready for the next day of sessions.